

Name of the material	How to measure your lung capacity?
Target group	9 – 12 and 13 – 15 year olds
The type of the material	A work instruction
The content of the material	Measuring, properties of a human body
Description	Easy and simply way to measure the volume of lungs is presented on the video.
Material	How to measure your lung capacity? https://www.youtube.com/watch?v=cy4kzOeLD5E
Source	HooplaKizLab (28.1.2014). https://www.youtube.com/channel/UCZYqWTQJzJaMW7jFG16p8ug Katsottu 5.8.2016.